



## **WELCOME TO THE HOLISTIC CHILD HEALTH NEWSLETTER**

The goal of my holistic pediatric practice, and of this newsletter, is to inform and support parents to become more empowered as the primary health care providers for their children.



Extending far beyond Western medicine's conventional treatments, holistic medicine and mindful parenting allow us to boost children's natural immunity, support their optimum health and wellness, safely heal any illnesses, and prevent disease-without dangerous side effects. Holistic medicine provides us with the tools to nurture the physical, emotional, social and spiritual health of your children.

Over the coming months and years, I intend to use this newsletter to address some of your concerns as parents, share information that you might want to add to your knowledge base, and inform you of important issues and current events that are happening in the news, and in your area.

Together we can heal the whole child. Naturally.

Yours in Health,

***Lawrence B. Palevsky, MD***

# STAY CONNECTED

In these difficult times, with more and more pages being removed and voices being censored from certain channels, we hope you will join our mailing list to ensure we can stay in touch with you.

Dr Palevsky can also be found censorship-free (for now) on the platforms listed on this page. Please join us there NOW!

On these different platforms, Dr. Palevsky will offer you access to expert opinions, critical thinking, scientific facts, honest reporting, powerful options to take action, like-minded community, and higher consciousness.

It is our hope that on these platforms, you will become better informed, and ultimately, develop your own knowledge base by thinking through the issues, yourselves, while also having the advantage of connecting to a greater global community.



WEBSITE:  
[www.drpalevsky.com](http://www.drpalevsky.com)



TELEGRAM:  
<https://t.me/drpalevsky>



FACEBOOK:  
<https://tinyurl.com/mwvrkj9>



INSTAGRAM:  
<https://tinyurl.com/48v8snkr/>



BITCHUTE:  
<https://tinyurl.com/3epcmtr6>



ODYSEE:  
<https://tinyurl.com/u5b76b8x>



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<https://tinyurl.com/mwsh3v8>



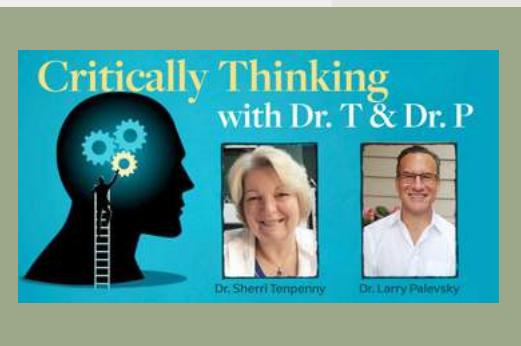
MEWE:  
<https://tinyurl.com/mwym7kaw>



CRITICALLY THINKING on ODYSEE:  
<https://tinyurl.com/bdexnm6a>

# DR PALEVSKY'S INTERVIEWS

Catch Dr Palevsky's latest interviews!



## Critically Thinking with Dr T & Dr P

Never Miss a Critically Thinking with Dr T & Dr P Episode. Click Below to catch up with the latest one now!

<https://bit.ly/3thvhjQ>

## Health Secrets of a Holistic Pediatrician

Holistic pediatrician, Dr. Larry Palevsky, joined VCC President, Ted Kuntz and Dr. Stephen Malthouse to share his top tips for raising happy healthy children. Dr. Palevsky is passionate about empowering parents with natural solutions to common health challenges. Take this chance to get inspired and learn how you can take charge of your family's wellbeing.

<https://tinyurl.com/om6bd77b>

## How Conventional Medicine Is Ruining Our Kids

In this episode of The Way Forward Podcast, Dr. Larry Palevsky breaks down the observations that pushed him to question the pediatric model from within.

This conversation is for anyone who already knows the system is breaking kids—and wants the language, context, and coherence to understand why, and what truly supports long-term health.

<https://tinyurl.com/45x7uvwy>

## How To Avoid Winter Sickness - Dr Palevsky on CHDTV

When there is snow on the ground, a chill in the air, sniffles all around — it's winter somewhere! Sickness seems inevitable this time of year, but it does not have to be. There are simple ways to prevent, treat and identify symptoms of illness early and avoid hospital visits or medication. Pediatricians Paul Thomas, M.D. (retired) and Larry Palevsky, M.D. have extensive experience equipping families with tips and tricks to promote health over the seasons. In this program, they share some of these pointers to help viewers, like you, stay safe out there!

<https://tinyurl.com/45x7uvwy>

To watch and listen to Dr Palevsky's past appearances, go to his channel on one of these platforms:

ODYSEE:  
<https://tinyurl.com/u5b76b8x>

BITCHUTE:  
<https://tinyurl.com/3epcmtr6>

To Find Podcasts (Audio Only):  
<https://tinyurl.com/vcy4y397>

# ARTICLES OF INTEREST



Delve into this selection of articles, chosen by Dr Palevsky on current events and important issues to inform, awaken, educate, enlighten and, ultimately, to empower you....

## QUESTIONNING COVID-19

### **The Third Rail: Covid-19 Vaccines and Cancer**

<https://thevaccinereaction.org/2025/11/the-third-rail-covid-19-vaccines-and-cancer/>

### **FDA Finally Admits Covid-19 Jabs Killed American Children – A New Dawn for Accountability**

<https://tinyurl.com/mryct92x>

### **Colorado Appellate Court Sides With Employers Mandating COVID-19 Shots**

<https://tinyurl.com/2e37nzf8>

### **Actor Loses Lawsuit After Being Fired On Set for Refusing COVID-19 Shot**

<https://tinyurl.com/2ktkem5c>

## SPOTLIGHT ON HEP B

### **CDC Vaccine Advisory Panel Votes in Favor of Ending Recommendation for Hepatitis B Shot at Birth**

<https://tinyurl.com/ystuyaze>

### **HepB Vaccination: A Job Half Done**

<https://drchristopherexley.substack.com/p/hepb-vaccinationa-job-half-done>

### **CDC Vaccine Panel Votes to End Universal Hep B Vaccine for Newborns**

<https://tinyurl.com/zfjkawct>

### **It's a clown show? Dr Paul Offit appeared on TMZ this week to complain about the Hepatitis B vaccine vote by the ACIP Committee at the CDC....this is what he said:**

<https://www.facebook.com/reel/1586093435728217>

### **Hepatitis B Vaccine, May 18, 1999 The House Reform Committee**

<https://www.youtube.com/watch?v=sgtIXnevorg>

### **ACIP Public Comment from Michael Belkin on Thursday, December 4, 2025**

<https://www.facebook.com/reel/820791464286854>

### **The Incomparable Toby Rogers Providing Public Comment During the Recent ACIP Meeting**

<https://www.facebook.com/reel/2033921494126954>

### **Every pediatrician I've spoken to is shocked & horrified.....**

<https://tinyurl.com/2pvjkcqt>

### **Hepatitis B 1991 New York Times:**

<https://tinyurl.com/mr4nsh3u>

### **Aaron Siri with Dr Tenpenny - Ethics of the Hep B Vaccine**

<https://www.facebook.com/reel/851649497235925>

### **Please read what was sent out by the American Academy of Pediatrics, and form your own opinion. Check out the comments, as well!**

<https://tinyurl.com/2zmmbc7j>

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## VACCINE VIEW

### 'You Cannot Sideline Parents,' RFK Jr. Warns, as HHS Launches Probe Into School That Ignored Religious Exemption

<https://tinyurl.com/y8jhfrbj>

### CDC Looking to Break Up MMR Vaccine?

<https://thevaccinereaction.org/2025/11/cdc-looking-to-break-up-mmr-vaccine/>

### Children's Health Defense Sues New York in Bid to Restore Religious Exemptions

<https://tinyurl.com/49skr2s8>

### Scientists Suggest Massaging Vaccines Into the Skin Could Eliminate Needle Injections

<https://tinyurl.com/4xtvf6nx>

### Study: Receipt of Multiple Childhood Vaccines 'Most Dominant Modifiable Risk Factor' for Autism

<https://tinyurl.com/5t4vfx4t>

### Trump Administration Moves to Overhaul Childhood Vaccine Schedule, Embrace Informed Consent Model

<https://tinyurl.com/4t97e6ur>

### Vaccine Court Awards Family \$310,000, Rules Encephalitis After MMR Shot Killed Toddler

<https://tinyurl.com/3mfr6jyr>

### 'Checkmate': U.S. Supreme Court Delivers Huge Win for Religious Exemptions

<https://tinyurl.com/4p32y4h7>

### Mom of 4-Month-Old Who Died 2 Days After 'Routine' Vaccines Warns Other Parents: Don't 'Blindly' Follow CDC Schedule

<https://tinyurl.com/2mz36n3p>

### Sanofi Reports Decline in Flu Vaccine Sales

<https://thevaccinereaction.org/2025/11/sanofi-reports-decline-in-flu-vaccine-sales/>

### Pneumococcal Vaccines Ineffective at Reducing Hospitalizations and Deaths

<https://tinyurl.com/mwp99tad>

### Former FDA Director Regulating Vaccines Joins Eli Lilly

<https://thevaccinereaction.org/2025/11/former-fda-director-regulating-vaccines-joins-eli-lilly/>

### Can a Leading Vaccine Expert Testify That Childhood Vaccines Are Not Linked with Autism?

<https://www.facebook.com/reel/1838208860398792>

## DID YOU KNOW?

### 'Unprecedented' Power Grab: FCC, Congress Race to Strip Local Control Over Cell Towers

<https://tinyurl.com/uta4ymue>

### Too Much Screen Time Harms Brain Development

<https://greenmedinfo.com/blog/too-much-screen-time-harms-brain-development1>

### Calling It Out! Watch this video!

<https://x.com/thehealthbot/status/1994697546971931015?s=20>

### This is When the Practice of Medicine Got Corrupted | Dr. John Campbell

<https://tinyurl.com/4cnbnbux>

# RECOMMENDED BY DR PALEVSKY

## INTRODUCING KRIS ORGANICS

*kris*  
ORGANICS



Dr Palevsky is pleased to introduce you to a wonderful family owned business based in Florida. He uses their products and recommends them highly for all (human) members of your family.

**Transparent. Simple. Pure. Organic Skincare  
100 % organically handcrafted in small batches.  
No preservatives. All ingredients are fully listed.  
Nothing hidden - ever!**



**Skincare is the dirtiest industry in the United States.**  
Kris Organics are committed to clean and transparent ingredients. They only use mother earth's raw materials without refining any natural healing properties. They intend to care for the "whole" person and believe in creating products the entire family can use!

**GET 10% DISCOUNT ON EVERYTHING WITH  
DR PALEVSKY'S LINK BELOW OR USING CODE: DRPALEVSKY**



**Check out the  
Kris Organics website  
for all their gorgeous  
products NOW!**

[CLICK HERE](#)



# RECOMMENDED BY DR PALEVSKY

## PRIME MY BODY

As a pediatrician, I see children dealing with levels of extreme anxiety like never before. The constant fight or flight response affects all aspects of our well-being

- sleep patterns, emotional and mental states, ability to focus and manage trauma. It was recently discovered that we have an endocannabinoid system that regulates all of the other systems in our body. This system has become deficient with the overload of toxins and excessive stress from today's world.

Hemp, which is a food high in cannabinoids, brings our bodies back into balance when we consume it.

**I specifically recommend the CALM Formula,  
FOCUS Formula, and the SHIELD Forumla.**

I highly recommend trying a variety of products and doses for your children (and yourself) to see which work best for you. This is the first time I have ever endorsed any product of any kind, but I believe our cannabinoid systems need to be nourished and have seen improvements in my patients who whose CBD and CBG - and these are products I feel confident to stand behind.

Give them a try and please share your family testimonials with us! We want to hear how they work for you so we can begin to document the results.

*Note: Currently only available in US, Mexico, Japan and South Africa*

**PRIME *my* BODY.**

You can learn more about these hemp related products by going to [drpalevsky.primemybody.com](http://drpalevsky.primemybody.com)

[CLICK HERE](#)

[www.drpalevsky.com](http://www.drpalevsky.com)

# ABOUT DR PALEVSKY

Dr. Palevsky is a NYS licensed pediatrician, who utilizes a holistic approach to children's wellness and illness. Dr. Palevsky received his medical degree from the NYU School of Medicine in 1987, completed a three-year pediatric residency at The Mount Sinai Hospital in NYC in 1990, and served as a pediatric fellow in the ambulatory care out-patient department at Bellevue Hospital, NYC, from 1990-1991.

Since 1991, his clinical experience includes working in pediatric emergency and intensive care medicine, in-patient and out-patient pediatric medicine, neonatal intensive care medicine, newborn and delivery room medicine, and conventional, holistic and integrative pediatric private practice.

Dr. Palevsky is a diplomate of the American Board of Integrative Holistic Medicine, and Past-President of the American Holistic Medical Association



He received his pediatric board certification in 1990, and passed his pediatric board recertification exams in 1997, 2004, and 2011.

In his current practice in Northport, Long Island and Manhattan, NYC, Dr. Palevsky offers well-child examinations, consultations and educational programs to families and practitioners in the areas of preventive and holistic health; childhood development; lifestyle changes; nutrition for adults, infants and children; safe, alternative treatments for common and difficult to treat acute and chronic pediatric and adult conditions; vaccination controversies; mindful parenting; and rethinking the medical paradigm.

Additionally, he teaches holistic integrative pediatric & adolescent medicine to parents, and medical and allied health professionals, both nationally & internationally, and is available for speaking engagements worldwide.





**LAWRENCE B.  
PALEVSKY MD**

HEALING THE WHOLE CHILD. NATURALLY.

# THANK YOU FOR SUBSCRIBING!



If you would like to contact us, please feel free to do so.  
We are happy to hear from you.

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